



AT HOME PACK COURAGE W2

THIS WEEK'S STORY

Be brave, have courage, and ask Jesus for help!!

Joshua 1:9 "Be strong and courageous! Do not be afraid or discouraged, for the Lord your God will be with you!"

Rewatch our episodes by following The JRev Channel on YouTube!

MEAL TIME QUESTIONS

Have you ever been sick for a really long time?
What do you hate the most about being sick?
Who can help you out when you're sick?
What did the lady from today's story need Jesus to help her with?
How did Jesus help her?
What is resilience? How was the lady in this story resilient?
What do you need to be brave and ask Jesus for help with?
Pray and talk to Jesus!

THIS WEEK'S ACTIVITY

Bottle flipping tutorial - IsoDan will coach you through how to flip a bottle like a pro!

THIS WEEK'S CHALLENGE

Goal setting - we learn how to be resilient and challenge you to work towards a goal that you set for yourself and to work hard to get there!

FRIENDS WITH JESUS?

if this episode helped you ask Jesus to be your friend for the first time... YAY!! Please contact us at our mailbox because we'd love to post you something to help you get to know Him better.

LETTERBOX ENTRIES

Don't forget to send us items for our letterbox: jrevletterbox@gmail.com

Have a great week!

Love from Chris and Sarah and the team @ JRev.